

Golfcrest HealthCARE Center News

600 North 17th Avenue ~ Hollywood, FL ~ 33020
(954) 927-2531 Main # (954) 927-0425 Fax #



Core Redefined

Services Provided at Golfcrest:

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Skilled Nursing Services
- NEW! Cardiac Education and Monitoring
- Wound Care
- Diabetes Management (all nurses are Diabetic Managers)!
- Counseling/Psych Consults
- On-Site Podiatry, Dental, and Optometry Services
- Pain Management
- Chaplain On-Site

**FREE
WIFI!**



“We never thought our mother would walk again but thanks to Golfcrest and Dr. Johannes Blom, she is independent again!”

It was a bitter sweet moment when Ms. Soffer packed up her belongings to go to her new ALF. Her daughter Tammy's eyes began to tear up when she told us the fear that her and her sister faced prior to coming to Golfcrest. **“We never thought our mother would walk again and thanks to Golfcrest and Dr. Blom, she is independent again”**, her daughter stated, she continued with “You all worked a miracle! She is now *walking* out of here to her new home!” .

Many staff members went in to send her off with the best of wishes and Ms. Soffer finally looked up and said “You are all my angels! You gave me the best care I could have ever imagined from the nurses, to administration to even the housekeepers and maintenance! Hey, I even enjoyed the food!!”. Ms. Soffer grabbed her walker, looked around at the staff, blew a kiss and said “Thank you, you have given me life again!”.

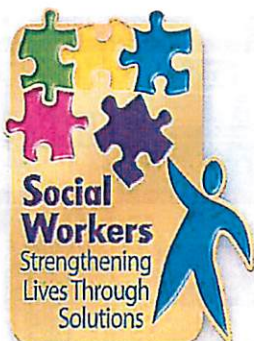
STORY CONTINUED ON PAGE 2 along with information on about Dr. Johannes Blom and how you may contact his office!

HAPPY SOCIAL WORKERS MONTH!!

We appreciate all that you do!!

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GOLFCREST SHINES BRIGHT DURING THE ANNUAL AHCA SURVEY AND RAISES 2 STARS IN RATING

It is not often you will hear staff *looking forward* to an AHCA (Florida Agency for Healthcare Administration) survey, but the staff members at Golfcrest were exceptionally eager. Why? Marie Simeus, the Administrator, said it best “We are ready to show everyone how great we are and more importantly, raise our star rating!”

Well, Golfcrest did just that! We had an amazing survey with only 4 small isolated tags. Quite impressive for a facility!

STORY CONTINUED ON PAGE 3



Why Does Golfcrest Have a Kitchen In The Rehabilitation Gym?

Although physical rehabilitation encompasses the entire body, your home is an extension of yourself! It is important to feel comfortable and safe when you return to home!

What better way than to practice with a licensed and experienced therapist!



"We never thought our mother would walk again..."
Story Continued...

Ms. Soffer was also equally grateful to her orthopedic surgeon **Dr. Johannes Blom**. She said "He is the just the BEST! I mean come on... look at me!". Dr. Blom is an orthopedist that specializes in treatment of hips and knees which includes arthritis, reconstruction, resurfacing, total/partial replacements, revision reconstruction , arthroscopic treatment and fracture management. Golfcrest has become quite seasoned in providing post orthopedic care for patients!

At Golfcrest, we are all so proud of her accomplishments and wish her and her family the best!
Good Luck and God Bless!

You can reach Dr. Johannes Blom
at (954) 964-6114.

He has offices located in Hollywood, Ft. Lauderdale and Pembroke Pines!



Should Rehab Only Take Place in the Gym?

NO! As a rehabilitation patient, rehab takes places all over! Just think, standing up to go to the bathroom takes muscle and effort, participating in your favorite activity increases tolerance and endurance, practicing making your bed takes work, and just walking to the dining room gives you more practice with everyday tasks! **Rehab is a way of life!**

Here is a FUN exercise!

List specific areas of concern to address before returning home:

- Entrance/Outside Area: _____
- Bedroom: _____
- Bathroom: _____
- Living Room: _____
- Kitchen: _____
- Stairs (if applicable): _____
- Other: _____

